### Cadet News

#### PARENT AND CHILD SAILING

# Ever wished that you too could have as much fun as your child?

For a number of reasons we are keen this year to encourage parents to sail with their child(ren) from time to time during organised Cadet mornings. It is a great way for families to gain confidence on the water and for everyone to learn in safe and easy stages. For children who do not yet have Stage 2 sailing skills it may be the only way they can sail with the Cadet group. On the other hand we know of a few youngsters who could teach their parents a thing or two (– or think they can anyway).

On the Junior programme some Saturdays are marked as Parent and Child Sailing. On these mornings the normal Junior groups will not run (Senior groups are not affected) and every effort will be made to get those who want to have a go at sailing out on the water in one way or another. It should be an ideal opportunity to see how your sprog is going to take to getting cold, wet, tired, bruised etc and begin to plan so the next time out is much more fun. We are very keen that families should take this opportunity to get on the water together and build confidence in the basic skills, especially if you are quite new to sailing. Some of the Parent and Child Sailing mornings tie in with the picnic sail and the dinghy cruise dates giving the option of a short excursion (and the picnic sail will be short!) as part of the day.

On the normal Cadet mornings you may like to sail with your child to help build their confidence. We have to be strict about the Stage 2 skills level for children in the Junior group this year but we will welcome children whose parents are willing to sail with their child until they can cope on their own.

The ideal boat for parent and child sailing is a Mirror dinghy but creativity knows no limits. Safety advice will be available from those running the group (we don't want too many submarines!)

Concerned that your child can sail better than you? If they don't already they probably will do in the future so get used to the feeling! But you can fight back. The adult sailing courses available at the Weymouth Outdoor Education Centre are good value for money and provide excellent tuition for beginners or those who want to improve their skills. Call into their office in Knightsdale Road for a leaflet or give them a ring on 01305 784927

See you on the water.

Ian Green - 01305 788793 - <u>i.greens@virgin.net</u> 17 Conifer Way, Southill, Weymouth, Dorset, DT4 9UR

#### STOP PRESS STOP PRESS

The Optibats have returned from their winter migration (somewhat to our surprise) and can be spotted nesting on the Oppy racks at Castle Cove.

They will be available to Cadets on Saturday mornings 5 June onwards on a Pay-As-You-Sail basis. We expect the charge to be £5 per boat per morning, payable at the time of use, on a first come first served basis.

The Optibats are only available to the Cadet Group by special arrangement and they must not be used at any other time.

They will be available for hire during the June courses at the same rate (£5 per half day) provided a minimum of 3 Optibats are paid for each day. Contact me if you think you might be interested and I will collect numbers to see if the sums add up.

Important change to the Cadet Programme

Castle Cove Junior Open will be held

Saturday 11<sup>th</sup> September 2004

(not the 4<sup>th</sup> as stated on some lists)

Cadet Forms are available on the Castle
Cove Website

Go to <u>www.ccsc.org.uk</u> CONTACTS – FORMS – CADET FORMS

The 2004 Cadet Registration Form is now available to be downloaded and the Sailing course information and booking forms will be added shortly.

Don't forget the

## **Junior Cadet Evening**

Friday 28<sup>th</sup> May 7.30 – 9.30 at the Clubhouse

Lots of food, friends and fun (It's the only way to start your half-term holiday!)

#### LEARN TO SAIL - LEARN TO SAIL - LEARN TO SAIL

We are running sailing courses during the week June 1<sup>st</sup> – 4<sup>th</sup>, and at dates to be decided in August. Weymouth Outdoor Education Centre will provide the Instructors and we hope to be able to offer RYA young sailors Stage 1, Stage 2, and Red Badge (racing) qualifications. If we have insufficient numbers to run the course from Castle Cove Cove Sailing Club it may be possible to take part in a similar course run at the WOEC premises. It already looks as if we will have insufficient numbers for a stage 3 course at Castle Cove and if you have asked for this I will be in contact with you soon to look at the options available.

Course numbers are limited to 8 participants. The course may run with less than eight but only provided it is financially viable. The June courses are filling up fast but there are still places available at all levels. Completed application forms must be received and full payment made by Monday 24 May. (Including those of you who have already let me have your names please). A completed Cadet registration form will also be needed for each child sailing, included in this Newsletter or further copies can be downloaded from the Club website. Go to <a href="https://www.ccsc.org.uk">www.ccsc.org.uk</a> (Contacts – Forms – Cadet Forms)

It is vital this year that you have your own boat or have made your own arrangements to borrow or share with someone else on the same course. If you are uncertain whether your boat is suitable please contact me.

The courses are intended for club members only and at the moment it looks as if other children could only be considered provided they can show that suitable insurance arrangements have been made. This is likely to prove difficult to arrange and for this year at least it looks as if only Club members' children can be accepted.

I would be grateful for offers of help from parents who can be around the Club at the start and end of the day to help support the courses. All children should bring their own packed lunch, drinks, wet gear and buoyancy aid.

Course name	Suitable for	Course length and cost
Stage 1	Beginners (under 10's)	2 days £60
Stage 2	Young sailors with some experience	2 days £60
Red Badge (Racing)	Capable young sailors who want to improve their racing skills	4 days £120

If a course cannot be filled by 24/05 (for the half term courses) a full refund will be offered or a place on an equivalent course run at the WOEC premises, provided spaces are available. If you have to cancel a refund will be available provided the space can be filled by another child.

Please contact Ian Green, or Maria Ellison (August courses) if you have any questions.

Please return all forms and payments by Monday 24 May to

Ian Green, 17 Conifer Way, Weymouth. DT4 9UR

Bored reading boring articles in Cadet News?

No one recognised you are a genius yet?

Got something to say?

Then send it in for the next
Newsletter!
(With pics)

# BOOKING FORM FOR CHILDREN'S SAILING COURSES AT CASTLE COVE SAILING CLUB

Name of child			
Age			
Contact details (If different to Ca	idet Registration Form)		
Course required	Dates	Please tick	
Stage 1 £60	1 <sup>st</sup> & 2 <sup>nd</sup> June 2004		
Stage 1 £60	August 2004*		
Stage 2 £60	3 <sup>rd</sup> & 4 <sup>th</sup> June 2004		
Stage 2 £60	August 2004*		
Stage 3 £120	June		
Stage 3 £120	August*		
Red Badge (Racing) £120	1 <sup>st</sup> to 4 <sup>th</sup> June 2004		
Red Badge (Racing) £120	August*		
Total payment enclosed  (Cheques should be made payable to Castle Cove Sailing Club)  * Please indicate any dates when you will not be available  Experience level It is helpful to have an indication of your child's experience of sailing so far including any certificates already achieved. Please also tell us of any particular concerns your child may have or any special needs.			
The boat I intend to use is:	Sail No		
I am sharing this boat with I would/would not be willing to sh	nare my boat (please delete as applicable)		
	Registration form for each of my children ta on given about the Castle Cove courses	king part	
Signature	Date		
	(Parent/guardian) start/end of Tuesday/Wednesday/Thursday help this time*	/Friday*	